Special Olympics Return to Activities Protocol

Updated July 26, 2021

If in-person activities are permitted in your local area, follow below guidance (color chart) to determine protocols needed, in addition to local regulations.

<table>
<thead>
<tr>
<th>LOW COMMUNITY COVID RATE</th>
<th>MODERATE COVID RATE</th>
<th>SIGNIFICANT COVID RATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fewer than 10 new cases daily per 100,000 people ** OR HIGH VACCINATION RATE</td>
<td>11-15 new cases daily per 100,000 people** AND Less than 80% of participants are fully vaccinated*</td>
<td>Community rates are more than 15 new cases daily per 100,000 people** AND Less than 80% of participants are fully vaccinated*</td>
</tr>
<tr>
<td>More than 80% of participants are fully vaccinated* AND COVID rate is less than 50 new cases per 100,000 people</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

LOW RISK
Local regulations for event size and risk mitigation + additional SO precautions for masks, distancing, travel and accommodations (see green guidance)

MODERATE RISK
Local regulations for event size and risk mitigation + additional SO precautions for masks, distancing, sanitization, spectators, onsite screening, travel and accommodations (see yellow guidance)

SIGNIFICANT RISK
Local Regulations + Size restrictions (50 or less inside) and substantial SO precautions in all areas (see orange guidance)

**KEY DEFINITIONS:**
- **Fully Vaccinated:** Two (2) weeks after completing all doses of a COVID-19 vaccine.
- **Participants:** Athletes, Unified partners, Coaches, Officials, Volunteers, HODs, SO Staff, and families/caregivers if they will not exclusively be in spectator only spaces.
- **Community:** Generally, the community is the parish/district. If data is not available for the parish/district, then use the smallest community (e.g., state) for which the data is available.
- **PCR/NAAT:** PCR or NAAT, is a type of viral diagnostic test for COVID-19.
- **Rolling 7-day average/100,000:** a 7-day moving average, takes the case rates per 100,000 people for the last 7 days, adds them up, and divides it by 7.

**Resources for Identifying 7-Day Rolling Average Case Rate:**
- Parish/Country Level Data Globally (this is per Million to divide by 10): [https://tinyurl.com/944jd6xe](https://tinyurl.com/944jd6xe)
- Parish/District Level Data should also be available from your Local Health Authorities and/or Local Resources.
### Key Differences in Protocol Across Each Level

If local regulations are more stringent than any Special Olympics requirements, activity must follow local regulations.

*NOTE: This is a shortened version of the protocol, please review and follow full protocol.

#### Event Size and Venue Type:
- **Low Risk**: Per local regulations.
- **Moderate Risk**: Per local regulations.
- **Significant Risk**: Per local regulations.

#### Onsite Screening:
- **Low Risk**: Must have signage on preventive measures.
- **Moderate Risk**: Must have verbal confirmation of no symptoms for ALL participants and spectators. Recommended onsite temperature checks on arrival daily, for duration of event. Must have signage on preventive measures.
- **Significant Risk**: Must have written confirmation of no symptoms for ALL participants and spectators. Recommended onsite temperature checks on arrival daily, for duration of event. Must have signage on preventive measures.

#### Masks:
- **Low Risk**: Strongly recommended for ALL participants; All individuals who are unvaccinated must wear masks at all times, except during rigorous exercise.
- **Moderate Risk**: Required for ALL participants except during rigorous exercise.
- **Significant Risk**: Required for ALL participants, except during rigorous exercise.

#### Distancing:
- **Low Risk**: Take active measures to distance outside of sport activities.
- **Moderate Risk**: Distancing required at all times.
- **Significant Risk**: Distancing required at all times.

#### Travel:
- **Low Risk**: All participants must be from low transmission area or be vaccinated. If bus travel, strongly recommended a negative PCR test be required prior to attending event. Individuals with positive results instructed to not attend.
- **Moderate Risk**: Travel is permitted, with precautions. All participants must be from low transmission area or be vaccinated. If bus travel, a negative PCR test is required prior to attending event. Individuals with positive results instructed to not attend.
- **Significant Risk**: Travel is permitted, with precautions.

#### Accommodations:
- **Low Risk**: Up to 4 individuals may share a room, if ALL individuals in room are vaccinated. Max of 2 per room if one individual is unvaccinated. Otherwise, individuals sharing a room must live in the same household.
- **Moderate Risk**: Up to 4 individuals may share a room, if ALL individuals in room are vaccinated. Max of 2 per room if one individual is unvaccinated. Otherwise, individuals sharing a room must live in the same household.
- **Significant Risk**: Overnight events with accommodations organized by Special Olympics not permitted.

#### Type of Activity:
- **Low Risk**: Individual sports and indirect contact sports only for competition play; No competitive play for contact sports – drills only; For non-sports, distancing and no direct contact.
- **Moderate Risk**: Stagger start times of event.
- **Significant Risk**: Stagger start times of event.

#### Spectators:
- **Low Risk**: Limited. Must be separated from athletes and not attend participant areas.
- **Moderate Risk**: Limited. Must be separated from athletes and not attend participant areas.
- **Significant Risk**: Not permitted, unless support from caregiver is needed.

#### Meals:
- **Low Risk**: No self-serve buffet meals. Participants bring own water bottles. Stagger mealtimes and cohort groups.
- **Moderate Risk**: No self-serve buffet meals. Participants bring own water bottles. Stagger mealtimes and cohort groups.
- **Significant Risk**: No self-serve buffet meals. Participants bring their own meals and water bottles and/or pick-up only. Stagger mealtimes and cohort groups.

#### Non-Sport Gatherings:
- **Low Risk**: Minimize large social gatherings, where possible.
- **Moderate Risk**: Minimize large social gatherings, where possible.
- **Significant Risk**: No large social gatherings

#### Ceremonies:
- **Low Risk**: Strongly recommend holding outdoors.
- **Moderate Risk**: Strongly recommend holding outdoors.
- **Significant Risk**: No in-person opening/closing ceremonies. Find alternatives to placing medals around the athletes’ necks to maintain distancing.

#### Multi-Day Events Testing Protocol:
- **Low Risk**: Multi-day/overnight events not permitted.