



Athlete Becomes More Aware of Health

At SOLA's December board meeting, Jill Egle athlete leader and board member, talked about how being an athlete has helped her in becoming more aware of how important good health is to Special Olympics Athletes. As she reads the memos that not only SOLA sends out about COVID and other health concerns but what SO sends out regarding good health and staying healthy. This was especially important to Jill, as her parents were recently diagnosed with COVID and the information helped Jill practice healthy protocols like to stay away from her parents in a different part of the house, as well as wearing her mask inside her house and washing her hands MORE frequently than she already did during the time her parents had COVID. Our health programming is truly having a positive impact in the lives of athletes across Louisiana.

Special Olympics Louisiana

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