



SPECIAL OLYMPICS
**LOUISIANA AQUATICS
TOURNAMENT**



September 24, 2022
UNO Aquatic Center
6801 Franklin Ave
New Orleans, La. 70122
Warmups begin at 11AM
Competition begins at 12PM

Deadlines & Due Dates

- Complete Entries(Includes athlete packets, and coach/unified partner certifications):
08/26/2022 by 4:30 PM
- Athletes entered without a valid and complete athlete packet will not be able to participate
- Coaches/Unified Partners without valid and complete certifications will not be able to participate
- There will be **NO EXCEPTIONS OR EXTENSIONS** to the due date
- **Exact times and event orders/schedules will be released at a later date.**
- **Athletes can enter up to 3 individual events and 1 relay.**

Assessment Fees

- We will be reinstating assessment fees for our state competitions in 2022. The fee for this event is \$25 per delegate. Please make arrangements to include in your 2022 local program budget if you plan to attend. Thanks!

Allowed and Non-Allowed Expenses

- SOLA will be providing meals for this event
- Meals provided by SOLA will be for athletes, coaches, unified partners, and volunteers only. We will not provide food for families/spectators.

Registration Qualifications

Athletes & Alternates:

- Athletes will be given the opportunity to compete against their peers, with similar skill levels.
- Alternates must be submitted with your official entries in order for them to be use them. All deadlines and documentation requirements apply to alternates as well. Alternates must be clearly marked in the entry submission.
- When sending in entries, please be sure to assign a Supervised By person to each athlete.
- Please make sure that your area has an accurate athlete to coach ratio. 4:1 athlete to Certified Coach ratio and a 1:1 athlete to coach ratio for athletes that use a wheel chair.

- All participating athletes must have an accurate and current Athlete Packet. *The Athlete packet can be found on our website [here](#).*
- All athletes also must have completed the COVID code of conduct form as well as the communicable disease waiver. (Attached in the email)
- Any athlete that does not have an Athlete Packet before the entry deadline will NOT be allowed to participate. **THERE WILL BE NO DATE EXTENSIONS OF THE ENTRY DUE DATE. THERE WILL BE NO EXCEPTIONS TO THAT POLICY.** Please make arrangements to get this required information turned in ASAP!

Coaches and Unified Partners:

- All participating coaches must be Level 1 coaches in order to participate at the State Swim Meet or any other state competition.
- Unified Partners must have the same certifications as the Sport Assistant outlined in the Coach Progression Chart.
- Sport assistants may attend as 1:1 ratio supervisors only. All athletes requiring a 1:1 ratio need to be reported at the time of the entry due date.
- All Class-A Volunteers (Coaches and Unified Partners) must have the appropriate certifications by the deadlines stated above or they will be scratched
- All coaches must have a copy of each athlete's medical history (2 pages) and physical exam (1 page) for the athlete they are supervising. This is a requirement of being a coach in Special Olympics Louisiana. To apply or recertify to become a Class-A Volunteer please [click here](#).

Game Day Information and Procedures

- Each area will be responsible for assigning a Delegation Leader that must report their delegations scratches to the registration table.
- We will be using ID tags and lanyards for all registered participants.
- Please review all [coaching resources](#), including the code of contact, before arrival.
- A meal will be provided for all registered participants.

Events Offered

Please note that an athlete may only compete in events within his/her category. An athlete may NOT participate in events from two different categories.

Category 1 (Fundamental)

15M Walk
15M Flotation
15M Kickboard
25M Flotation
15M Assisted
15M Unassisted
25M Assisted

Category 2

25M Backstroke
25M Breaststroke
25M Butterfly
25M Freestyle
50M Backstroke
50M Breaststroke
50M Butterfly
50M Freestyle

Relays

4x25 Free Relay
4x25 Medley Relay

Category 3

100M Backstroke
100M Breaststroke
100M Freestyle
100M Butterfly
100M Individual Medley
200M Freestyle
200M Backstroke
200M Breaststroke
200M Butterfly
200M Individual Medley
400M Individual Medley
400M Freestyle
800M Freestyle

Relays

4x50 Medley Relay
4x50 Freestyle Relay
4x50 Freestyle Unified Relay
4x100 Freestyle Unified Relay